


**LAPEER COUNTY COMMUNITY MENTAL HEALTH****Date Issued 11/03/2015****Date Revised; 08/21/19; 1/9/24**

<b>CHAPTER</b> Service Delivery	<b>CHAPTER</b> 02	<b>SECTION</b> 004	<b>SUBJECT</b> 175
<b>SECTION</b> Clinical and Support Services		<b>DESCRIPTION</b> Substance Use Prevention and Treatment	
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**APPLICATION:**

<input checked="" type="checkbox"/> CMH Staff	<input type="checkbox"/> Board Members	<input type="checkbox"/> Provider Network	<input checked="" type="checkbox"/> Employment Services Providers
<input type="checkbox"/> Employment Services Provider Agencies	<input checked="" type="checkbox"/> Independent Contractors	<input checked="" type="checkbox"/> Students	<input checked="" type="checkbox"/> Interns
<input checked="" type="checkbox"/> Volunteers			

**POLICY:**

It is the policy of Lapeer County Community Mental Health (LCCMH) to establish guidelines for services to persons with a Substance Use Disorder (SUD).

**STANDARDS:**

- A. LCCMH provides services based on the Substance Abuse and Mental Health Services Administration's (SAMHSA) Guiding Principles of Recovery and Recovery Oriented Systems of Care (ROSC).
- B. Promotes changes in state law and policies at all levels to establish effective communication between peers, within systems and among service providers.
- C. Aligns policies, procedures and practices to:
  - 1. Ensure timely entry and reentry information services
  - 2. Foster and protect individual choice, control and self-determination

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3. Assure the provision of holistic, culturally based and influenced, strength- and research-based, trauma informed, and gender responsive services
  4. Are inclusive of person-centered planning process, community based services and supports, and enhanced collaborative partnerships
- D. Encourages peer support including the choice of working with Certified Peer Support Specialists (CPSS) and/or Recovery Coaches as a choice for individuals throughout the service array and within the person-centered planning process.
  - E. Aligns services and supports to promote access to quality health care with the integration of mental and physical healthcare.
  - F. Assesses and continually improves recovery promotion, competencies and the environment in organizations throughout the service array.

#### **PROCEDURES:**

- A. Following an initial over the phone assessment with Access, Access provides referral information to LCCMH staff along with preferred appointment date and time.
- B. Individuals requesting services are screened and referred within:
  1. 24 business hours if a pregnant substance user or a pregnant injecting drug user and offered admission within 24 business hours.
  2. 24 business hours if an injecting drug user or a parent at risk of losing children and offered admission within 14 days.
  3. 7 calendar days and offered admission within 14 days for all others.
- C. Outpatient Treatment (ASAM Level I) is assessed based on the diagnostic criteria for Substance-Related Disorder as defined in the current Diagnostic and Statistical Manual of Mental Disorders (DSM-V) and administering the ASAM tool.

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D. ASAM Level I program services are offered in any appropriate setting that meets state licensure criteria and has a current contract with Region 10/PIHP.

E. LCCMH support staff provide:

1. Laboratory and toxicology services are available through a referral. Medical and psychiatric consultations could be available with-in 24 hours by telephone or in person, based on the urgency of the request.
2. Coordination (through a referral process) to more intensive levels of care (such as Opioid Maintenance treatment or Women's Specialty Services) and medication management.
3. Emergency Services are available by telephone 24 hours a day, 7 days a week.

F. Level I programs are staffed by appropriately credentialed requirements for treatment professionals who assess and treat substance-related disorders. Staff are knowledgeable about the bio-psychosocial dimensions of alcohol and other substance use disorders, including the assessment of the person's readiness to change.

G. The assessment and the treatment plan review include:

1. An individualized bio-psychosocial assessment of each person admitted into the PIHP provider network yearly.
2. Use of the Region 10/PIHP MIX System is required. The following forms are completed by the network provider:
  - a. Screening, Brief Intervention and Referral to Treatment (SBIRT).
  - b. Admission, Discharge and Authorization for payment of unity for each individual admitted into the Region 10 PIHP System.

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c. Substance Use Disorder standardized medical record is required and are incorporated into an existing provider medical record.

3. An individualized treatment plan is developed in collaboration with the person served and reflects the person's goals. The treatment plan includes Specific, Measurable, Achievable, Relevant, and Time-Bound (SMART) objectives and interventions designed to achieve goals.

4. Treatment plan reviews and these reviews are conducted quarterly.

H. Individualized progress notes in the medical record clearly reflect implementation of the treatment plan and the response of the person served to therapeutic interventions.

Consent for services is signed by each person served. A signed consent gives person served the options to receive reminders of all scheduled appointments in OASIS.

I. LCCMH makes necessary referrals to Opioid Maintenance Treatment (OMT) licensed programs who hold contracts with Region 10/PIHP for OMT Level II and Adolescent Substance Use Disorder individuals.

J. LCCMH refers individuals needing Women Specialty Services through a facility licensed by the State of Michigan and/or designated by the PIHP as a gender competent organization.

## DEFINITIONS:

**American Society of Addiction Medicine (ASAM):** Criteria is widely used as a comprehensive set of guidelines for placement, continued stay and transfer/discharge of persons with addiction and co-occurring conditions.

**Psychiatric Services:** (mild to moderate co-occurring) (ASAM Level I, II, III)  
Psychiatric services may be provided to persons served as an adjunct to a treatment service. The services are offered to individuals who have no other funding sources available to stabilize their mental health disorders. The individuals being served must meet diagnostic criteria according to the current Diagnostic and Statistical Manual for a mental illness and a substance use disorder. The program provides a minimum of (1) hour of individual, group and/or family therapies weekly. Drug testing is conducted minimally one (1) time on a monthly basis for each person participating in medication treatment services. Provision of such services are provided under the supervision of a

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State of Michigan Licensed Physician. The Physician is licensed to prescribe medications in Michigan. Coordination of Care with the individual healthcare providers are completed at admission.

**Therapies:** Therapies offered involve skilled treatment services, which include individual and group counseling, motivational enhancement, family therapy, educational groups, psychotherapy and other therapies. Such services are provided in an amount, frequency and intensity appropriate to the individualized treatment plan. Programming may include up to nine (9) hours of treatment service per week to accommodate the service needs of the person served.

**Confidentiality:** The confidentiality of identifying information of persons served is maintained in accordance with 42 CFR 2 (confidentiality of alcohol and drug abuse records).

**Recovery Coach/Peer Support Services:** Support services that are recognized as critical resources for persons served in recovery, their families and, community allies to effectively extend, enhance and improve formal treatment services. Support services are designed to assist persons served in achieving personally identified goals for their recovery by selecting and focusing on specific services, resources, and supports. These services are available within most communities employing a peer-driven, strength-based, and wellness-oriented approach and is grounded in the culture(s) of recovery and utilizes existing community resources. Recovery services are offered as an adjunct to the array of services within the Region 10 SUD network.

## **REFERENCES/EXHIBITS:**

Guiding Principles of Recovery

Recovery Oriented Systems of Care (ROSC)

Region 10 PIHP SUD Treatment Guidelines

SR:mgr/js