


<b>CHAPTER</b> Service Delivery	<b>CHAPTER</b> 02	<b>SECTION</b> 004	<b>SUBJECT</b> 175
<b>SECTION</b> Clinical and Support Services		<b>DESCRIPTION</b> Substance Use Prevention and Treatment	
<b>WRITTEN BY</b> Kim Knickerbocker, AA & Sue Clement, LPC SUD Services Supervisor	<b>REVISED BY</b> Laura Moore, LMSW, CADC Chief Clinical Officer	<b>AUTHORIZED BY</b>  Brooke Sankiewicz, LMSW, CADC, CEO	

**APPLICATION:**

<input checked="" type="checkbox"/> CMH Staff	<input type="checkbox"/> Board Members	<input type="checkbox"/> Provider Network	<input checked="" type="checkbox"/> Employment Services Providers
<input type="checkbox"/> Employment Services Provider Agencies	<input checked="" type="checkbox"/> Independent Contractors	<input checked="" type="checkbox"/> Students	<input checked="" type="checkbox"/> Interns
<input checked="" type="checkbox"/> Volunteers	<input checked="" type="checkbox"/> Persons Served		

**POLICY:**

Lapeer County Community Mental Health (LCCMH) has guidelines for Substance Use Disorder (SUD) treatment and prevention services.

**STANDARDS:**

- A. LCCMH provides services based on the Substance Abuse and Mental Health Services Administration’s (SAMHSA) Guiding Principles of Recovery and Recovery Oriented Systems of Care (ROSC).
- B. LCCMH promotes changes in state law and policies at all levels to establish effective communication between peers, within systems, and among service providers.
- C. LCCMH aligns policies, procedures, and practices to:
  - 1. Ensure timely entry and reentry information services.
  - 2. Foster and protect individual choice, control, and self-determination.

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 175
SECTION Clinical and Support Services		DESCRIPTION Substance Use Prevention and Treatment	

3. Assure the provision of holistic, culturally based and influenced, strength- and research-based, trauma-informed, and gender-responsive services.
  4. Are inclusive of the person-centered planning process, community-based services, and supports, and enhanced collaborative partnerships.
- D. LCCMH encourages peer support including the choice of working with Certified Peer Support Specialists (CPSS) and/or Recovery Coaches as a choice for individuals throughout the service array and within the person-centered planning process.
- E. LCCMH aligns services and supports to promote access to quality health care with the integration of mental and physical healthcare.
- F. LCCMH assesses and continually improves recovery promotion, competencies, and the environment in organizations throughout the service array.
- G. LCCMH follows Licensing and Regulatory Affairs' (LARA) outpatient staff-to-patient ratios.

**PROCEDURES:**

- A. Following an initial over-the-phone assessment with Access, Access provides referral information to LCCMH staff along with preferred appointment date and time.
- B. Individuals requesting services are screened and referred within:
1. 24 business hours if a pregnant person with a substance use disorder offered admission within 24 business hours.
  2. 24 business hours if a person with a substance use disorder is at risk of losing children and offered admission within 14 days.
  3. 7 calendar days and offered admission within 14 days for all others.
- C. Outpatient Treatment (ASAM Level I) is assessed based on the diagnostic criteria for Substance-Related Disorder as defined in the current Diagnostic and

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 175
SECTION Clinical and Support Services		DESCRIPTION Substance Use Prevention and Treatment	

Statistical Manual of Mental Disorders (DSM-V) and administering the ASAM tool.

D. ASAM Level I program services are offered in any appropriate setting that meets state licensure criteria and has a current contract with Region 10/PIHP.

E. LCCMH staff provide:

1. Laboratory and toxicology services are available through a referral. Medical and psychiatric consultations could be available within 24 hours by telephone or in person, based on the urgency of the request.
2. Coordination (through a referral process) to more intensive levels of care (such as Opioid Maintenance treatment or Women's Specialty Services) and medication management.
3. Emergency Services are available by telephone 24 hours a day, 7 days a week.

F. Level I programs are staffed by appropriately credentialed requirements for treatment professionals who assess and treat substance-related disorders. Staff are knowledgeable about the bio-psychosocial dimensions of alcohol and other substance use disorders, including the assessment of the person's readiness to change.

G. The assessment and the treatment plan review include:

1. An individualized bio-psychosocial assessment of each person admitted into the PIHP provider network yearly.
2. Use of the Region 10/PIHP MIX System is required. The following forms are completed by the network provider:
  - a. Screening, Brief Intervention, and Referral to Treatment (SBIRT).

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 175
SECTION Clinical and Support Services		DESCRIPTION Substance Use Prevention and Treatment	

- b. Admission, Discharge, and Authorization for payment of unity for everyone admitted into the Region 10 PIHP System.
- c. Substance Use Disorder standardized medical record is required and is incorporated into an existing provider medical record.
- 3. An individualized treatment plan is developed in collaboration with the person served and reflects the person's goals. The treatment plan includes Specific, Measurable, Achievable, Relevant, and Time-Bound (SMART) objectives and interventions designed to achieve goals.
- 4. Treatment plan reviews and these reviews are conducted quarterly.
- H. Individualized progress notes in the medical record reflect the implementation of the treatment plan and the response of the person served to therapeutic interventions.
- I. Consent for services is signed by each person served. A signed consent gives the person served the option to receive reminders of all scheduled appointments in OASIS.
- J. LCCMH makes necessary referrals to Opioid Maintenance Treatment (OMT) licensed programs who hold contracts with Region 10/PIHP for OMT Level II and Adolescent Substance Use Disorder individuals.
- K. LCCMH refers individuals needing Women Specialty Services through a facility licensed by the State of Michigan and/or designated by the PIHP as a gender-competent organization.

**DEFINITIONS:**

**American Society of Addiction Medicine (ASAM):** Criteria is widely used as a comprehensive set of guidelines for placement, continued stay, and transfer/discharge of persons with addiction and co-occurring conditions.

**Psychiatric Services:** (mild to moderate co-occurring) (ASAM Level I, II, III)  
Psychiatric services may be provided to persons served as an adjunct to a treatment service. The services are offered to individuals who have no other funding sources available to stabilize their mental health disorders. The individuals being served must

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 175
SECTION Clinical and Support Services		DESCRIPTION Substance Use Prevention and Treatment	

meet diagnostic criteria according to the current Diagnostic and Statistical Manual for a mental illness and a substance use disorder. The program provides a minimum of (1) hour of individual, group, and/or family therapies weekly. Drug testing is conducted minimally one (1) time monthly for each person participating in medication treatment services. The provision of such services is provided under the supervision of a State of Michigan Licensed Physician. The Physician is licensed to prescribe medications in Michigan. Coordination of Care with the individual healthcare providers is completed at admission.

**Therapies:** Therapies offered involve skilled treatment services, which include individual and group counseling, motivational enhancement, family therapy, educational groups, psychotherapy, and other therapies. Such services are provided in an amount, frequency, and intensity appropriate to the individualized treatment plan. Programming may include up to nine (9) hours of treatment service per week to accommodate the service needs of the person served.

**Confidentiality:** The confidentiality of identifying information of persons served is maintained in accordance with 42 Code of Federal Regulations (CFR) 2 (confidentiality of alcohol and drug abuse records).

**Recovery Coach/Peer Support Services:** Support services are recognized as critical resources for persons served in recovery, their families, and community allies to effectively extend, enhance, and improve formal treatment services. Support services are designed to assist persons served in achieving personally identified goals for their recovery by selecting and focusing on specific services, resources, and supports. These services are available within most communities employing a peer-driven, strength-based, and wellness-oriented approach and is grounded in the culture(s) of recovery and utilizing existing community resources. Recovery services are offered as an adjunct to the array of services within the Region 10 SUD network.

**REFERENCES/EXHIBITS:**

Guiding Principles of Recovery

Recovery Oriented Systems of Care (ROSC)

Region 10 PIHP SUD Treatment Guidelines

Substance Abuse and Mental Health Services Administration's (SAMHSA)

Licensing and Regulatory Affairs' (LARA)

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 175
SECTION Clinical and Support Services		DESCRIPTION Substance Use Prevention and Treatment	

LM:lr