LAPEER COUNTY COMMUNITY MENTAL HEALTH

<u>Date Issued 2/24/2023</u> <u>Date Revised</u>

CHAPTER	CHA	PTER	SEC	TION	SUBJECT	
Health/Medical	03		001		65	
SECTION	DESCRIPTION					
Drugs and Medication	s and Medication		Prescribing Schedule II Medications for Attention			
	Deficit Hyperactivity Disorder (ADHD)					
WRITTEN BY	REVISE	D BY		AUTHORIZ	ED BY	
Sarah Steinacker, D.O.				1	2 -14/	
Medical Director					3/16/23	
Lisa Ruddy, MPH				Lauren Em	mons, ACSW	
Quality Improvement				CEO		
Coordinator						

APPLICATION:

⊠CMH Staff	☐Board Members		⊠Employment
			Services Providers
□Employment Services Provider Agencies	⊠Independent Contractors	⊠Students	⊠Interns
⊠Volunteers	⊠Persons Served		

POLICY:

Lapeer County Community Mental Health (LCCMH) prescribes Schedule II Medications (stimulant medications) for Attention Deficit Hyperactivity Disorder (ADHD) as clinically indicated.

STANDARDS:

- A. Valid documentation of ADHD diagnostic evaluation and treatment must be on file at LCCMH before prescribing Schedule II Medications. Valid Documentation includes:
 - Use of an objective, professionally administered ADHD rating scale
 - Evidence of alternative diagnoses or explanations being ruled out
 - Neuropsychological or psychoeducational assessment of a specific diagnosis as per the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5)

CHAPTER	CHAPTER	SECTION	SUBJECT	
Health/Medical	03	001	65	
SECTION		DESCRIPTION		
Drugs and Medication		Prescribing Schedule II		
		Medications for Attention Deficit		
		Hyperactivity Disorder (ADHD)		

- B. A trial and fail of at least two non-controlled medications approved for the treatment of ADHD is completed prior to consideration of a Schedule II Stimulant Medication.
- C. If non-controlled medications are unsuccessful, proof of neuropsychological testing is required prior to prescribing a Schedule II Stimulant Medication.
- D. Medication review appointments for persons served with a Schedule II Stimulant prescription are scheduled every three months.
- E. Only a single 30 day supply prescription is given at a time.

PROCEDURES:

- A. If a person served has a history of ADHD treatment and is requesting a continuation of a previously prescribed Schedule II stimulant, they must provide valid documentation of ADHD diagnostic evaluation and treatment according to Standard A of this policy.
 - A LCCMH prescriber may prescribe a Schedule II Stimulant Medication at their discretion and will document rationale for prescribing or not prescribing.
 - 2. The person served must be seen for a medication review every three months when prescribed a Schedule II Stimulant Medication.
- B. If a person served does not have a history of ADHD treatment and is requesting a Schedule II Stimulant Prescription:
 - 1. The prescriber completes a trial and fail of at least two non-controlled medications approved for the treatment of ADHD is completed prior to consideration of a Schedule II Stimulant Medication.
 - 2. If non-controlled medications are not effective, the prescriber refers the person served for a neuropsychological assessment.
 - Depending on the results of the neuropsychological assessment, the prescriber may prescribe a Schedule II Stimulant Medication at their

CHAPTER	CHAPTER	SECTION	SUBJECT	
Health/Medical	03	001	65	
SECTION		DESCRIPTION		
Drugs and Medication		Prescribing Schedule II		
		Medications for Attention Deficit		
		Hyperactivity Disorder (ADHD)		

discretion and will document the rationale for prescribing or not prescribing.

4. The person served must be seen for a medication review every three months when prescribed a Schedule II Stimulant Medication.

DEFINITIONS:

<u>Attention Deficit Hyperactivity Disorder:</u> Attention deficit hyperactivity disorder (ADHD) is marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development. LCCMH uses the DSM-5 for diagnostic criteria.

<u>Schedule II Medication:</u> Schedule II drugs, substances, or chemicals are defined as drugs with a high potential for abuse, with use potentially leading to severe psychological or physical dependence.

REFERENCES/EXHIBITS:

Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5)

SS:Ir