M.I.C.S.S. Program Hours:

Services are available 24 hour a day, 7 days a week

During business hours:

Walk in to our main building at 1570 Suncrest Dr., Lapeer and be seen as soon as possible for evaluation and referral, during the following times:

Mon., Wed., and Fri.

8:00 A.M. to 5:00 P.M.

Tues. and Thurs.

8:00 A.M. to 7:00 P.M.

After hours:
Emergencies are handled by phone at **810-667-0500 or 1-888-225-4447 (toll free)**

Services provided are based on medical necessity. Lapeer CMH serves people who have Medicaid, Healthy Michigan, MI Child and people who have no insurance. If you have no insurance, we will help you apply for Medicaid or insurance through the Health Insurance Marketplace. We do not deny anyone services based on their ability to pay, when they meet medical necessity.

Lapeer County Community Mental Health

1570 Suncrest Drive, Lapeer, MI 48446

PH: (810) 667-0500 or

1-888-225-4447 (Toll free)

REGION 10 — Sanilac, Genesee, Lapeer, St. Clair

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NATIONAL SUICIDE PREVENTION LIFELINE™
1-800-273-TALK (8255)
suicidepreventionlifeline.org

www.lapeercmh.org

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M.I.C.S.S.
Mobile Intensive Crisis Stabilization Services

Providing mental health evaluations and help for people in crisis 24 hours a day, 7 days a week.

Lapeer County Community Mental Health

PH: 810-667-0500

To provide a support system for people with a serious mental illness and to reduce the need for admission or readmission to the hospital.

What is M.I.C.S.S.?

- It begins with a prescreening service to evaluate the need for crisis services and other help.
- M.I.C.S.S. links the individual with CMH services including intensive counseling, assessments, family therapy, medication, psychiatric care, and other support services.

- M.I.C.S.S. is provided by a team of mental health professionals supervised by a psychiatrist.
- Face to face screenings take place in the CMH office, the emergency room at McLaren-Lapeer Region (hospital), or the Lapeer County Jail.
- Intense services are provided in person, by phone for up to 28 days, to stabilize the crisis.

What is considered a mental health crisis?

When a person with a diagnosis of a mental illness or with a co-occurring substance use disorder, a developmental disability, or a child with a serious emotional disturbance has an acute episode of mental illness and because of that mental illness....

- The person can be expected to physically hurt himself/herself or another person, whether on purpose or not. Or they have made serious threats of suicide or are threatening to harm others.
- The person is unable to meet his/her basic physical needs which could lead to serious physical harm.
- The person's judgment is so poor that he/she is unable to understand the need for treatment which could lead to harm to self or others in the near future.

1-810-667-0500

What are some options other than the hospital?

Most people prefer not to go to a psychiatric hospital and often it is not necessary when other options are available. These may include:

1. Calling CMH to schedule an appointment to be seen at our clinic, and starting counseling as soon as possible.

2. Walking in during our open business hours at CMH to be seen the same day by a mental health professional worker, no appointment needed.

3. Finding the natural supports in your life who can help until the immediate crisis is over and outpatient treatment can be started.

4. Agreeing to go to a "Crisis unit" or a respite bed for a short stay. Medications can be started, if needed, and can be monitored closely to see if they are working.

5. Using other community resources that are given by M.I.C.S.S. staff.